

## CURRICULUM VITAE

Daniel Gutierrez, Ph.D., LPC, CSAC  
School of Education  
Virginia Commonwealth University  
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### EDUCATION AND PROFESSIONAL CREDENTIALS

<u>Degrees</u>	<u>Date</u>	<u>College/University</u>	<u>Major</u>
Ph.D.	2014	University of Central Florida	Counselor Education
M.A.	2009	University of Central Florida	Mental Health Counseling
B.A.	2005	University of Central Florida	Psychology

### Licenses

Licensed Professional Counselor, Virginia, (0701007175)  
Certified Substance Abuse Counselor, Virginia  
Licensed Professional Counselor, North Carolina, (12237)  
Licensed Mental Health Counselor, Florida, (MH-11193)  
Nationally Certified Counselor (NCC- 316715)  
Gottman Approach - Level 1 Certified  
Certified Relationship Educator for Within My Reach, Prep 7.0, and Within Our Reach  
Prepare/ENRICH certified

### ACADEMIC POSITIONS

Associate Professor (Tenured)                      Virginia Commonwealth University (CACREP)  
(2022 - Present)

- Chair, iCubed core on *Urban Education and Family*

Associate Professor (Tenured)                      College of William and Mary (CACREP)  
(2020 - 2022)

- Selected as the distinguished *Vera W. Barkley Associate Professor of Education*

Assistant Professor                                      College of William and Mary (CACREP)  
(2017 - 2020)

### *Responsibilities include:*

- Co-Founder of the Thrive Research and Intervention Center
- Coordinator of Clinical Mental Health Addictions Concentration
- Faculty Director of New Leaf Counseling Clinic
- Teaching and advising of masters and doctoral students



- College of Education Dean's Fellowship (2012-2014)
- University of Central Florida Mentoring Fellowship (2007)

## **RESEARCH**

- *Cross-cultural evidence-based mental health strategies for fostering individual and community thriving*
- *Contemplative practices and spirituality as a catalyst for self and social transformation*

## **BOOK CHAPTERS AND OTHER PUBLICATIONS**

**Gutierrez, D., & Gonzalez, I.** (In Revision). Ser Hombre: Men's issues in the Latino Community. In P. Granello (Ed.), *Men's Mental Health: A Wellness Based Approach to Healthy Masculinity*. Cognella Press.

Dorais, S. Burgin, E. E., & **Gutierrez, D.** (Under Review). Spirituality and health. In B. Halpern-Felsher (Ed.), *Encyclopedia of Child and Adolescent Health*. Elsevier.

Dorais, S., Dukes, A. T., & **Gutierrez, D.** (In Press). Single subject design. In S. Gibson (Ed.), *Research Reimagined: Engaging Research, Data, and Program Evaluation in Counseling Practice*. Routledge.

**Gutierrez, D.,** Colon, M., & Dorais, S. (2022). Addiction and grief in the Latinx community. In S. R. Furr & K. Hunsucker (Eds.), *Grief Work in Addictions Counseling*. (pp. 123 -135). Routledge.

**Gutierrez, D.** (2021). Addiction and Couples Counseling. In *Couples Counseling* (3<sup>rd</sup> Ed.). New York, NY: Pearson Publishing.

Young, M.E. & **Gutierrez, D.** (2021). *The Cultural Climate and the Therapeutic Relationship*. In *Learning the art of helping* (7<sup>th</sup> Ed.). New York, NY: Pearson.

Benitez, E. C. & **Gutierrez, D.** (2020). Familias Fuertes: Strength-based Approaches to Working with Latino Immigrant Families. In *Intercultural Perspectives in Family Counseling*. New York, NY: Taylor and Francis.

Niles, S. G., & **Gutierrez, D.** (2019). Career counseling with soul. In *Career Counseling and Intervention*. New York, NY: Springer Publishing.

Wiggins, M. F. & **Gutierrez, D.** (2019). Culture and Worldview. In *Integrating spirituality and religions into counseling: A guide to competent practice* (3<sup>rd</sup> ed.). Alexandria, VA: Wiley Publishing.

**Gutierrez, D. & Czerny, A.** (2017). The Transtheoretical Model for Change. In *Theory and Practice of Addictions Counseling*. Thousand Oaks, CA: Sage Publishing.

**Gutierrez, D. & Teague-Palmieri, E.** (2016) Integrated couples counseling. In *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*. Thousand Oaks, CA: Sage Publishing.

- Gutierrez, D.** & Wachtel, K. A. (2016) Marital therapy groups. In *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*. Thousand Oaks, CA: Sage Publishing
- Gutierrez, D.** & Balog, V. (2016) Family Stress. In *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling*. Thousand Oaks, CA: Sage Publishing
- Fox, J., **Gutierrez, D.**, Coffield, J., & Moulder, B. (2015). The human condition: Pastoral perspectives. In E. A. Maynard, & J. L. Snodgrass. (Eds.), *Understanding pastoral counseling*. New York, NY: Springer Publishing Company
- Gutierrez, D.**, Mullen, P. R., Griffith, C., and Christmas, C. (2014). Financial wellness. In P. F. Granello (Ed.), *Wellness: A guide for achieving a healthy lifestyle* (pp. 87-99). Upper Saddle River, NJ: Pearson.
- Wood, A., **Gutierrez, D.** Sherrell, S. R., & Griffith, C (2014). American Indians. In Lee, T. K. (Eds.), *Embracing Diversity: Treatment and Care in Addiction Counseling*. San Diego, CA: Cognella.

#### **ARTICLES IN REFEREED JOURNALS**

72. Moreno, O., Avila, M., Garcia-Rodriguez, I., Romo, S., Rodriguez, J., Matos, C., Fuentes, L., Hernandez, C., Ramos, M., Munoz, G., **Gutierrez, D.**, Bravo, A., & Corona, R. (in revision). Culturally enhancing a group-based motivational interviewing substance use prevention program for Latine youth. *Contemporary Clinical Trials*.
71. Bravo, A. J., Yeboah, G. K., Wedell, E., Hetelekides, E., **Gutierrez, D.**, Prince, M. A., & Stimulant Norms and Prevalence (SNAP) Study Team. (under review). Perceptions of self-stigma of substance use disorder among college students: A model of self-stigma, marijuana use motives, and marijuana outcomes. *Addiction Research & Theory*.
70. Dorais, S., **Gutierrez, D.**, Dukes, A. T., Niles, J. K., & Colon, M. L. (Under Review). Hope as a mechanism: A process-based view of mindfulness and resilience. *Mindfulness*.
69. Dorais, S., **Gutierrez, D.**, & Fox, J. (Under Review). Following the daily hope of meditators: An ARIMA model. *Journal of Positive Psychology*.
68. Sperandio, J. R., **Gutierrez, D.**, Tuazon, V. E., Kirk, M., & Lopez, J. (Under Review). Growing into forgiveness: The relationship between posttraumatic growth and forgiveness following the drug-related death of a loved one. *Journal of Humanistic Counseling*.
67. Dorais, S., Niles, J., Dukes, A., Colon, M., & **Gutierrez, D.** (In Press). Does contemplative pedagogy increase relational well-being? A time series analysis. *Counselor Education & Supervision*.
66. Niles, J., **Gutierrez, D.**, Dukes, A. T., Mullen, P. R., & Goode, C. (2022). Understanding the relationships between the personal growth initiative, hope, and abstinence self-efficacy. *Journal of Addictions and Offender Counseling*, 43(1), 15 – 25.

<https://doi.org/10.1002/jaoc.12099>

65. Dukes, A., Mullen, P. R., Niles, J., **Gutierrez, D.**, & Jensen, S. (2022). Role of causality orientations in predicting alcohol use and abstinence self-efficacy. *Substance Use & Misuse*, 57(2), 222-229. <https://doi.org/10.1080/10826084.2021.2002899>
64. Dukes, A. T., **Gutierrez, D.**, & Goshorn, J. R. (2022). Logotherapy Infused Family Therapy (LIFT): A systematic review of clinical interventions for family counselors. *Journal of Humanistic Counseling*. <https://doi.org/10.1002/johc.12168>
63. **Gutierrez, D.**, Goshorn, J., & Dorais, S. (2022). Thriving in recovery: An exploration of thriving over a course of time in recovery. *Journal of Substance Abuse Treatment*, 132, <https://doi.org/10.1016/j.jsat.2021.108612>
62. Spargo, A., Mullen, P., **Gutierrez, D.**, & Kramer, J. (2021). GPS for Success: A Practitioner-based study with high school students. *Professional School Counseling*. <https://doi.org/10.1177/2156759X211050414>
61. Dorais, S., and **Gutierrez, D.** (2021). The effectiveness of a centering meditation intervention on college stress and mindfulness: A randomized controlled trial. *Frontiers in Psychology* 12:720824. <https://doi.org/10.3389/fpsyg.2021.720824>
60. **Gutierrez, D.** & Conley, A. (2021). What Just Is Isn't Always Justice: Toward a Spiritual View of Justice. *Counseling & Values*. 66, 114-116. <https://doi.org/10.1002/cvj.12151>
59. Sperandio, K. R., **Gutierrez, D.**, Lopez, J., Kirk, M., Mason, W. N. (2021). Post-traumatic growth after the drug-related death of a loved one: Understanding the influence of self-compassion and hope. *The Family Journal*. <https://doi.org/10.1177/10664807211052479>
58. Ray, D. C., Burgin, E. E., Ceballos, P. L., Lindo, N., **Gutierrez, D.** (2021). Child-centered play therapy and Adverse Childhood Experiences: A randomized controlled trial. *Journal of Counseling and Development*. <https://doi.org/10.1002/jcad.12412>
57. Dorais, S., & **Gutierrez, D.** (2021). The influence of spiritual transcendence on a centering meditation: A growth curve analysis of resilience. *Religions*, 12(8), 573. <https://doi.org/10.3390/rel12080573>
56. Revens, K. E., **Gutierrez, D.**, Paul, R., Reynolds, A. D., Price, R., & DeHaven, M. J. (2021). Social support and religiosity as contributing factors to resilience and mental wellbeing in latino immigrants: A community-based participatory research study. *Journal of Immigrant and Minority Health*, 23(5), 904 – 916. <https://doi.org/10.1007/s10903-021-01179-7>
55. Wood, A. K., Dorais, S., **Gutierrez, D.**, Moore, C. M., & Schmit, M. K. (2021). Advancing the counseling profession through contemporary quantitative approaches. *Journal of Counseling & Development*, 99, 156-166. <https://doi.org/10.1002/jcad.12363>
54. **Gutierrez, D.**, Hiatt, K., & Lee, A. (2020). Spiritually competent orientation in supervision:

Application of the cultural third. *The Clinical Supervisor*, 39(2), 210 – 228.  
<https://doi.org/10.1080/07325223.2020.1824835>

53. **Gutierrez, D.**, Dorais, S., & Goshorn, J. R. (2020) Recovery as life transformation: Examining the relationships between recovery, hope, and relapse. *Substance Use & Misuse*, 55(12), 1949-1957. <https://doi.org/10.1080/10826084.2020.1781181>
52. Sperandio, K., **Gutierrez, D.**, Hilert, A., & Fan, S. (2021). The lived experience of substance abuse counselors post marijuana legalization. *Journal of Addictions and Offender Counseling*, 42, 35-49. <https://doi.org/10.1002/jaoc.12088>
51. Sperandio, K., Gressard, C., & **Gutierrez, D.** (2021). When a man loves a woman: Experiences of male partners in relationships with addicted women. *Journal of Addictions and Offender Counseling*. 42, 97-112. <https://doi.org/10.1002/jaoc.12096>
50. **Gutierrez, D.**, Mason, N., Dorais, S., & Fox, J. (2021). Gradually sudden: Vital spiritual experiences for individuals in recovery from substance use disorders. *Spirituality in Clinical Practice*, 8(1) 16-29. <https://doi.org/10.1037/scp0000218>
49. **Gutierrez, D.**, Crowe, A., Mullen, P.R., Pignatio, L., & Fan, Shuhui (2020). Stigma, help-seeking, and substance abuse. *The Professional Counselor*, 10, 220-234.
48. Smith, J.D., Lassiter, P.S. and **Gutierrez, D.** (2020), Examining the Relationship of Emotional Intelligence and Cultural Empathy in Addiction Counselors. *Journal of Addictions & Offender Counseling*, 41, 97-110. <https://doi.org/10.1002/jaoc.12083>
47. **Gutierrez, D.**, Forbes, L. and Johnson, S.K. (2020), Physical and Psychological Health Predict Adherence to an Online Mindfulness Program for College Students. *Counseling and Values*, 65, 206-221. <https://doi.org/10.1002/cvj.12138>
46. Hilert, A.J. and Gutierrez, D. (2020), Jewish Meditation in Counseling. *Counseling and Values*, 65, 126-136. <https://doi.org/10.1002/cvj.12133>
45. Dehaven, M. J., Gimpel, N. A., **Gutierrez, D.**, Kitzman-Carmichael, H., & Revens, K. (2020). Designing health care: A community health science solution for reducing health Disparities by integrating social determinants and the effects of place. *Journal of Evaluation in Clinical Practice*, 26(5), 1564 –1572. <https://doi.org/10.1111/jep.13366>
44. Dorais, S., **Gutierrez, D.**, & Gressard, C. F. (2020). An evaluation of Motivational Interviewing-based treatment in a university addiction counseling training clinic. *Counseling Outcome Research and Evaluation*. 11(1), 19-30.  
<https://doi.org/10.1080/21501378.2019.1704175>
43. **Gutierrez, D.**, Dorais, S., Smith J., & Mutanguha, F. (2019). Humanity education as a school-based intervention for healing. *Journal of School-Based Counseling Policy & Evaluation*, 1(3), 63-70. <https://doi.org/10.25774/6rgw-bn52>
42. **Gutierrez, D.** (2019). Spiritus contra spiritum: Addiction, hope, and the search for meaning.

*Journal of Spirituality in Clinical Practice*. 6, 229-239.  
<https://doi.org/10.1037/scp0000201>

41. **Gutierrez, D.**, Revens, K. E., & DeHaven M. J. (2019). The development of a community counseling training clinic for Latino immigrants. *Collaborations: Journal of Community Based Research in Practice*. 20, 1-15. <https://doi.org/10.33596/coll.26>
40. Newheart, S., Mullen, P.R., & **Gutierrez, D.** (2019). Expanding perspectives: Systemic Approaches to college students experiencing depression. *Journal of Counseling & Development*, 97(3), 260-269. <https://doi.org/10.1002/jcad.12266>
39. Gosling, D., Graunhaus, C., & **Gutierrez, D.** (2019). Towards a spectrum of moral harm: A new paradigm. *Journal of Ethics in Mental Health*. 10, 1-11.
38. Tuazon, V. E., Gonzalez, E., **Gutierrez, D.**, & Nelson, L. (2019). Colonial mentality and mental health help-seeking of Filipino-Americans. *Journal of Counseling & Development*. 97, 352-363. <https://doi.org/10.1002/jcad.12284>
37. **Gutierrez, D.**, Merrill, E., Conely A. H., & Young, M.E. (2019). A study of student counselors' experiences with meditation. *Counseling and Values*. 64, 186-203. <https://doi.org/10.1002/cvj.12114>
36. **Gutierrez, D.**, Butts, C. M., Lamberson, K., & Lassiter, P. (2019). Examining the contribution of trait emotional intelligence on addiction counselor burnout. *Journal of Addiction and Offender Counseling*. 40, 52-64. <https://doi.org/10.1002/jaoc.12056>
35. Summers, L., & **Gutierrez, D.** (2019). Assessing and Treating Financial Anxiety: Counselors as a Resource Rather than Referrer. *Journal of Individual Psychology*. 74, 1-20.
34. Nelson, C. & **Gutierrez, D.**, (2019). Mindfulness- and acceptance-based intervention for opioid dependence in groups with rolling admission. *Annual Review of Addictions and Offender Counseling*. 4, 29-45.
33. Butts, C.M. & **Gutierrez, D.** (2018). Dispositional mindfulness and personal distress as predictors of counseling self-efficacy, *Counselor Education and Supervision*. 57, 271-284. <https://doi.org/10.1002/ceas.12116>
32. **Gutierrez, D.**, Fox, S.P., & Kondili, E. (2018). Investigating the effectiveness of a motivational interviewing group intervention on academic motivation. *Journal of School Counseling*, 16, 1-14.
31. Butts, C. M., & **Gutierrez, D.** (2018). Expanding intake assessment to incorporate spirituality utilizing five functional tasks. *Counseling and Values*, 63(2), 147-163. <https://doi.org/10.1002/cvj.12085>

30. **Gutierrez, D.**, Fox, J., Jones, K., & Fallon, E. (2018). The treatment planning of experienced counselors: A qualitative examination. *Journal of Counseling and Development*. 96, 86-95. <https://doi.org/10.1002/j.1556-6676.2014.00000.x>
29. Surmitis, K., Fox, J., & **Gutierrez, D.** (2018). Meditation and appropriation: Best practices for counselors who utilize meditation. *Counseling and Values*. 63, 4-16. <https://doi.org/10.1002/cvj.12085>
28. Butts, C. M., & **Gutierrez, D.** (2018). Using acceptance and commitment therapy to (re)conceptualize stress appraisal. *Journal of Mental Health Counseling*. 40, 90-112. <https://doi.org/10.17744/mehc.40.2.01>
27. Mullen, P. R., **Gutierrez, D.**, & Newhart S. (2018). School counselors' emotional intelligence and its relationship to leadership. *Professional School Counselor*. 21, 1-12. <https://doi.org/10.1177/2156759X18772989>
26. Barden, S.M., **Gutierrez, D.**, Gonzalez, J., & Ali, S. (2018). Calidad de vida: An exploratory investigation of Latina breast cancer survivors and intimate partners. *Journal of Health Disparities Research and Practice*. 10, 1-13.
25. Forbes, L., **Gutierrez, D.**, & Johnson S. K. (2018). Investigating adherence to an online introductory mindfulness program. *Mindfulness*, 9(1), 1-10. <https://doi.org/10.1007/s12671-017-0772-4>
24. Lassiter, P., **Gutierrez, D.**, Dew, B., & Abrams, L. (2017) Gay and lesbian parents: An exploration of wellness, sexual identity, and level of outness. *The Family Journal*. 25, 327-335. <https://doi.org/10.1177/1066480717731204>
23. Fox, J., **Gutierrez, D.**, & Mullen, P.R. (2017). The nature and function of meditation and prayer in childhood and adolescence. *Journal of Child and Adolescent Counseling*. 3, 188-198. <https://doi.org/10.1080/23727810.2017.1341797>
22. **Gutierrez, D.**, Mullen, P. R., & Fox J. D. (2017). Exploring emotional intelligence among master's level counseling trainees. *Counselor Education and Supervision*, 56, 19-32. <https://doi.org/10.1002/ceas.12057>.
21. **Gutierrez, D.**, Carlson, R., Daire, A. P., & Young, M. E. (2017). Evaluating treatment outcomes using the integrative model for brief couples counseling. *The Family Journal*, 25, 5-12. <https://doi.org/10.1177/1066480716678619>.
20. Fox, J., **Gutierrez, D.**, Haas, J., & Durnford, S. (2016). Centering prayer's effects on psycho-spiritual outcomes: A pilot outcome study. *Mental Health, Religion, and Culture*. 19, 379-392. <https://doi.org/10.1080/13674676.2016.1203299>
19. Mullen, P. R., & **Gutierrez, D.** (2016). Burnout, stress, and direct student services among professional school counselors. *The Professional Counselor*. 6, 344-359. <https://doi.org/10.15241/pm.6.4.344>



18. **Gutierrez, D.**, Barden, S.M., Gonzalez, J., & Ali, S. (2016). Perspectiva masculina: An exploration of intimate partners of Latina breast cancer survivors. *The Family Journal*, 24, 222-229. <https://doi.org/10.1177/1066480716648690>
17. Bloom, Z. D., **Gutierrez, D.**, Lambie, G. W., & Ali, S. (2016). Counselors' comfort with sexuality, attitudes towards pornography, and propensity to assess for issues related to client pornography use. *Journal of Mental Health Counseling*, 38, 327-345. <https://doi.org/10.17744/mehc.38.4.04>
16. Barden, S.M., **Gutierrez, D.**, Gonzalez, J., & Ali, S. (2016). Healing faith: A qualitative exploration of Latina breast cancer survivors. *Counseling and Values*, 61, 142-158. <https://doi.org/10.1002/cvj.1204>
15. **Gutierrez, D.**, Conley, A. H., & Young, M.E. (2016). The effect of jyoti meditation on student counselors' stress and emotional intelligence: A randomized controlled trial. *Counselor Education and Supervision*, 55, 109-121.
14. **Gutierrez, D.**, & Mullen, P.R. (2016). Emotional intelligence and the counselor: Examining the contribution of trait emotional intelligence to counselor burnout. *Journal of Mental Health Counseling*, 38, 187-200.
13. Teague-Palmieri, E., & **Gutierrez, D.** (2016). Healing together: Family therapy resources and strategies for increasing attachment security in individuals engaging in non-suicidal self-injury. *The Family Journal*, 24, 157-163. <https://doi.org/10.1177/1066480716628629>
12. Bloom, Z. D., **Gutierrez, D.**, & Lambie, G. W. (2016). An analysis of the factor structure and validity of the attitudes towards erotica questionnaire with a sample of counseling professionals. *Measurement and Evaluation in Counseling and Development*. <https://doi.org/10.1177/0748175616664004>
11. **Gutierrez, D.**, Fox, J. D., & Wood, A. W. (2015). Center, light, and sound: The psychological benefits of three distinct meditation practices. *Counseling and Values*, 60, 234-247. <https://doi.org/10.1002/cvj.12016>
10. Fox, J., **Gutierrez, D.**, Haas, J., Briganza, D., & Berger, C. (2015). A phenomenological investigation of centering prayer using conventional content analysis. *Journal of Pastoral Psychology*, 64, 803-825. <https://doi.org/10.1007/s11089-015-0657-1>
9. Bloom, Z. D., **Gutierrez, D.**, & Lambie, G. W. (2015). Sexual opinions survey: An exploratory factor analysis. *American Journal of Sexuality Education*, 10, 242-260. <https://doi.org/10.1080/15546128.2015.1049315>
8. Cruz-Ortega, L. G., **Gutierrez, D.**, & Waite, D. (2015) The role of religious orientation, ethnic identity, and religious coping among bereaved individuals. *Counseling and Values*, 60, 67-83. <https://doi.org/10.1002/j.2161-007X.2015.00061.x>

7. **Gutierrez, D.** (2014) A review of intentional interviewing and counseling: Facilitating client development in a multicultural society (8th Ed.). *The Professional Counselor*. Retrieved from <http://tpcjournal.nbcc.org>
6. Carlson, R., **Gutierrez, D.**, Hall, K., & Daire, A. (2014). Does the frequency of speaker-listener technique use influence relationship satisfaction? *Journal for Psychotherapy Integration*. 24, 25-29. <https://doi.org/10.1037/a0035971>
5. **Gutierrez, D.**, Barden, S.M., & Tobey, M. (2014). Mejorando matrimonios: Relationship education as a vehicle to overcome barriers for Hispanic couples. *The Family Journal*. 22, 148-155. <https://doi.org/10.1177/1066480713513550>
4. Sherrell, R., & **Gutierrez, D.** (2014). Couples and addiction: Three effective theories. *The Family Journal*, 22(1), 26-34. <https://doi.org/10.1177/1066480713505417>
3. Young, T., **Gutierrez, D.**, & Hagedorn, W. B (2013). Does motivational interviewing work with non-addicted clients? *Journal of Counseling and Development*, 91, 313-320. <https://doi.org/10.1002/j.1556-6676.2013.00099.x>
2. **Gutierrez, D.**, & Hagedorn, W. B. (2013). The toxicity of shame: Applications for acceptance and commitment therapy. *Journal of Mental Health Counseling*, 35, 43-59. <https://doi.org/10.17744/mehc.35.1.5n16p4x782601253>
1. Hagedorn, W. B., & **Gutierrez, D.** (2009). Integration versus segregation: Applications of the spiritual competencies in counselor education programs. *Counseling & Values*, 54, 32-47. <https://doi.org/10.1002/j.2161-007X.2009.tb00003.x>

## **FUNDED GRANTS AND CONTRACTS**

- Corona, R., Principal Investigator. Co-Investigators, **Gutierrez, D.**, Moreno, O., & Bravo, A. (2022 – 2027). *Evaluation of the Spanish version of Mental Health First Aid for Latiné immigrant adults: Longitudinal outcomes and community impact*. National Institutes of Health, R01. \$3,578,821., *Under Review*
- Gutierrez, D.**, Principal Investigator. Co-Principal Investigator, Dorais, S. (2022 – 2024). *Spirituality and Client Outcomes: Investigating the Mechanisms of Religious and Spiritual Competence Training in Mental Health*. Templeton Religious/Spiritual Competencies Grant. \$120,000.
- Gutierrez, D.**, Principal Investigator. Co-Principal Investigator, Dorais, S. (2022 – 2024). *An intensive longitudinal study on a Centering Meditation: Exploring the temporal dynamics of nondual awareness and prosociality*. Mind & Life Institute PEACE Grant. \$100,000.
- Mullen, P. R., & **Gutierrez, D.** (2020-2022). External Evaluation for GPS for Success. Contract received from My Life, My Power, Inc. who received funding from the White House Office of National Drug Control Policy (ONDCP), \$120,000

**Gutierrez, D.**, Co-Principal Investigator. (Corona, R., Moreno, O. Múltiple Principal Investigators), Co-Investigator, Christine Kaestle. (2018 – 2021) *Culturally enhancing a motivational interviewing intervention for Latinx adolescents*. Virginia Foundation for Healthy Youth. \$449,912.

Nelson, C., **Gutierrez, D.**, & Mullen, P. R., Research and Practice Grant, Southern Association for Counselor Education and Supervision (SACES). *Investigating Supervisee Negative Affectivity, Mindfulness, and Self-transcendence within the Counseling Supervisory Relationship*, \$500. October, 2018.

Andrews, S., & **Gutierrez, D.**, Research and Practice Grant, Southern Association for Counselor Education and Supervision (SACES). *An investigation examining the association between Counselor burnout, personal resilience, and the supervisory relationship*, \$230. October, 2017.

**Gutierrez, D.**, Principal Investigator. *Hope, Forgiveness, and Reconciliation in Rwanda*, William & Mary, Reves Faculty Fellow Award, \$5,000, February 2019

**Gutierrez, D.**, Principal Investigator. *A growth curve analysis of the stages of change in undergraduate alcohol abuse*, William and Mary, Faculty Research Grant, \$4,000, June 2018.

**Gutierrez, D.**, Principal Investigator., & DeHaven, M., Suculpe, R., Co-investigators. *Latino mental health: Problems and solutions*, UNC, Charlotte, Chancellor's Diversity Grant, \$4,500, May 2016.

**Gutierrez, D.**, Principal Investigator., & Foxx, S. P., Co-investigators. *The Effectiveness of a Motivational enhancement group on academic engagement*, UNC, Charlotte Faculty research grant, \$14,000, March 2015.

**Gutierrez, D.**, Principal Investigator., & Mullen, P. R., & Fox, J., Co-investigators. *An exploratory investigation examining the relationship between counseling trainee's levels of emotional intelligence, empathy, and stress*. Association for Counselor Education and Supervision Research Grant, \$533, October 2014.

**Gutierrez, D.** Principal Investigator. DeHaven, M. J., Co-investigator. *Marriage enrichment and dyadic coping in Latino couples experiencing chronic stress*. UNC, Charlotte Social Science Research Mentoring Funded program to support NIH grant proposal, \$2000

Southern Association for Counselor Education and Supervision Research Award, \$500, February 2014.

Association for Spiritual, Ethical, Religious, Values in Counseling Research Award, \$500, March 2013.

## **CONFERENCE PRESENTATIONS**

### **International and National Presentations**

**Gutierrez, D.**, (June, 2022). *Confianza y Corazon: Exploring Spirituality and Contemplative Practices in the Clinical Care of Latinx Clients*. Program invited at the Association of Professional Chaplains (ACPE) Virtual Psychotherapy Webinar Series.

**Gutierrez, D. & Dorais, S.** (June, 2022). *Contemplation and Social Transformation: An Introduction to the Benefits of the Contemplative Way of Life*. Session invited at the Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC) Retreat. DeLand, FL.

**Gutierrez, D.** (May, 2022). *ASERVIC President's Address to Graduate Students*. Session invited at the Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC) Graduate Student Webinar.

Dorais, S. & **Gutierrez, D.** (April, 2022). *Psychospiritual Influence of a Centering Prayer Meditation*. Education session presented at the Columbia University Awakened Virtual Campus Summit.

Dorais, S., & **Gutierrez, D.** (March, 2022). *Uncovering the Mechanisms of Change in Contemplative Practice*. Session presented at the Contemplative Practices for Higher Education (CPHE) Conference. Emmitsburg, Maryland.

**Gutierrez, D.** (January, 2022). *Transformation and Hope: Individual and community Thriving*. Keynote presentation for Prescott College.

**Gutierrez, D.** (November, 2021). *Kinship, Dialogue, and Thriving: Adopting a Multicultural Orientation in Addictions Counseling*. Invited plenary presentation for University of Central Florida ASPIRE conference.

Dorais, S. & **Gutierrez, D.** (October, 2021). *Measure the Process: Using Temporal Dynamics in Counseling Research*. ACES INFORM session presented at the Association for Counselor Education and Supervision (ACES) Conference. Atlanta, GA.

**Gutierrez, D.**, Fox, J., & Young, M.E. (October, 2021). *The Depth Scale: Measuring overall depth in a counseling session*. Poster presented at the Association for Counselor Education and Supervision (ACES) Conference. Atlanta, GA.

**Gutierrez, D.** (2021, May). *Racial Bias and Injustice in Substance Use Treatment: Panel Discussion*. Jonnie Mcleod Institute for Addiction, Charlotte NC.

**Gutierrez, D.** (2021, May). *Addressing Justice and Racial Bias in Substance Use Treatment: Latinx Concerns*. Jonnie Mcleod Institute for Addiction, Charlotte NC.

**Gutierrez, D.** (2021, April). *A critical conversation on Mental Wellness: Hope matters*. American Education Research Association Virtual Conference, Presidential Session.

**Gutierrez, D.**, (2020, October). Ask the JCD Editor: Research in the age of COVID (panel member). Webinar. American Counseling Association.

- Gutierrez, D.**, (2020, July). Being a leader and Latinx: Y ahora que? (panel member). Webinar Association for Multicultural Counseling and Development.
- Gutierrez, D.**, Rouleau, M., & Niles, S. (2020, May). *Mindfulness for Families*. Online Presentation for William & Mary, Williamsburg, VA.
- Moreno, O., **Gutierrez, D.**, & Corona, R. (2019, February). *Culturally enhancing a motivational interviewing intervention for Latinx adolescents proposal*. Virginia Youth Tobacco Research Annual Meeting. Richmond, VA.
- Gutierrez, D.** (2019, March). *Pathways Forward: Improving Latinx Mental Health in Community*. Keynote address at Annual Latinx Mental Health Summit, Charlotte, NC
- Gutierrez, D.** & Niles, S.G. (2019, October). *Ubumuntu and Peace Education: Teaching hope, forgiveness, and reconciliation in a Rwandan immersion counselor education course*. Program presented for presentation at Association for Counselor Education and Supervision Biannual Conference, Seattle, WA.
- Butts, C. M., & **Gutierrez, D.** (2018, July). *Engaging in Spiritual Conversations with Clients Beginning with the Clinical Intake*. Program presented at annual conference of the Association for Spiritual, Ethical, and Religious Values in Counseling, Dallas, TX.
- Hilert, A., & **Gutierrez, D.** (2018, May) *Mindfulness and Addiction*. Plenary presentation at the Virginia Summer Institute for Addictions, Williamsburg, VA.
- Gutierrez, D.** (2018, May) *Working with Addicted Families (and Couples)*. Invited presentation at the Dr. Jonnie H. McLeod Institute on Substance Abuse, Charlotte, NC.
- Gutierrez, D.** (2018, May). *The state of addiction counseling*. Invited program presented at SAMHSA and NBCC minority fellowship program pre-symposium, Reston, VA.
- Gutierrez, D.** (2018, May). *The opioid crisis and workforce impact*. Invited panelist at SAMHSA and NBCC minority fellowship program pre-symposium, Reston, VA.
- Gutierrez, D.**, (2018, April). *Welcoming the Stranger: Culturally responsive strategies for working with Latinx immigrants*. Invited presentation at American Counseling Association in Atlanta, Georgia.
- Gutierrez, D.**, Fox, J., & Young, M.E. (2018, April). *Common factors counseling: Using the The REPLAN model for treatment planning*. Program presented at American Counseling Association in Atlanta, Georgia.
- Revens, K., **Gutierrez, D.**, & DeHaven, M. (2018) *Tu No Estas Solo/You are Not Alone: Providing culturally appropriate mental health services to Latino immigrants through a community partnership*. Program accepted for the 39<sup>th</sup> Annual Minority Health Conference, Chapel Hill, NC.

- Gutierrez, D.** (2017, October) *Modeling change: An introduction to growth curve modeling*. Program presented at Association for Counselor Education and Supervision. Chicago, IL. (ACES Inform presentation)
- Gutierrez, D.,** Merrill, E., Butts, C. M., & DeHaven, M.J. (2017, October). *Communiversality: Implementing community-based participatory research in mental health*. Program presented at Association for Counselor Education and Supervision. Chicago, IL. (ACES Inform presentation)
- Zeligman, M., **Gutierrez, D.,** & Grad, R.\* (2017, October). *The use of mindfulness in skill development & anxiety reduction for counselors-in-training*. Association for Counselor Education & Supervision (ACES) Conference, Chicago, IL.
- Gutierrez, D.,** Merrill, E., Butts, C. M., & DeHaven, M.J. (2017, July). *Faith based, faith placed, or faithless: Conducting community based research in religious settings*. Invited presentation at annual conference of the Association for Spiritual, Ethical, and Religious Values in Counseling, Richmond, VA.
- Gutierrez, D.,** Young, M. E., & Roach L. (2017, July). *Spirituality and meditation: Review of research and clinical practice*. Presentation at annual conference of the Association for Spiritual, Ethical, and Religious Values in Counseling, Richmond, VA.
- Benitez, C. E., & **Gutierrez, D.** (2017, July). *Latino spirituality: Implications for counseling*. Program accepted for presentation at annual conference of the Association for Spiritual, Ethical, and Religious Values in Counseling, Richmond, VA.
- Gutierrez, D.,** Forbes, L., & Young, M.E. (2017, July). *Spirituality and meditation: Review of research and clinical practice*. Program accepted for presentation at annual conference of the Association for Spiritual, Ethical, and Religious Values in Counseling, Richmond, VA.
- Johnson, S. K., Forbes, L. & **Gutierrez, D.,** (2017, May). *Factors that predict adherence to an online introductory mindfulness program*. Program accepted for presentation at the Association for Psychological Science Annual Conference, Boston, MA.
- Gutierrez, D.,** Benitez, E. C., & Cruz-Ortega, L. G. (2017, March). *Latino mental health*. Program presented at the American Counseling Association, San Francisco, CA.
- Mullen, P. R. & **Gutierrez, D.** (2017, March). *Burnout, stress, and direct student services among school counselors*. Poster presented at the American Counseling Association, San Francisco, CA.
- Gutierrez, D.,** & Young M.E. (2016, July). *Creative couples counseling using the integrative model*. Oxford Family Counseling Institute, London, England.
- Gutierrez, D.,** (2016, March). *ASERVIC Opening Dedication*. Invited presentation at American Counseling Association in Montreal, Canada.

- Gutierrez, D.,** & Young, M. E. (2016, October). *Teaching Treatment: Using the REPLAN model to teach treatment planning*. Program presented at the Southern Association for Counselor Education and Supervision, New Orleans, LA.
- Gutierrez, D.,** Mullen, P.R., & Fox, J. (2016, October)., *The Emotionally intelligent counselor: Increasing resiliency by increasing emotional intelligence*. Program presented at the Southern Association for Counselor Education and Supervision, New Orleans, LA.
- Barden, S., **Gutierrez, D.,** & Pulliam, A. (2016, October)., *Relational resilience for Latina cancer survivors and their intimate partners*. Program presented at the Southern Association for Counselor Education and Supervision, New Orleans, LA.
- Gutierrez, D.,** Merrill, E., & Fox, J. (2016, February) *Meditation and counseling: Integrating evidence-based meditation strategies into counseling*. Invited presentation at the University of South Carolina Counseling Conference, Columbia, SC.
- Gutierrez, D.,** Conley, A., & Young, M. E. (2015, October)., *The effect of jyoti meditation on student counselors' stress: Exploring the role of emotional intelligence* Program presented at the Association for Counselor Education and Supervision, Philadelphia, PA.
- Mullen, P., **Gutierrez, D.,** & Fox, J.D. (2015, October)., *Counselor trainees' level of emotional intelligence, empathy, and perceived stress: Findings from an exploratory research investigation conducted at multiple counselor education programs*. Program presented the Association for Counselor Education and Supervision, Philadelphia, PA.
- Bloom, J., **Gutierrez, D.,** & Ali, S. (2015, October)., *Psychometric properties of the attitudes towards erotica questionnaire and the sexual opinion survey with a sample of counseling professionals*. Program presented the Association for Counselor Education and Supervision, Philadelphia, PA.
- Gutierrez, D.,** Fallon, E., & Jones, K. (2015, September) *The treatment planning methods of expert counselors*. Presented at the Association for Assessment and Research in Counseling., Memphis, TN.
- Griffith, C., & **Gutierrez, D.** (2015, September) *Randomized controlled trials on a shoestring budget*. Presented at the Association for Assessment and Research in Counseling., Memphis, TN.
- Young, M.E., & **Gutierrez, D.** (2015, March) *Creative couples counseling: Using the integrative model*. Pre-conference Learning Institute presented at the American Counseling Association (ACA) national conference, Orlando, FL.
- Barden, S. M., **Gutierrez, D.,** Gonzalez, J., & Ali, S. (2015, March). *Understanding the influence of breast cancer on Latina couples: A consensual qualitative research design*. Program presented at the American Counseling Association National Conference in Orlando, FL.

- Gutierrez, D.,** & Barden, S.M. (2014, October)., *Cancer-related fatigue: What can counselor educators do?* Program presented at the Southern Association for Counselor Education Bi-annual conference, Birmingham, AL.
- Gonzalez, J., Barden, S., & **Gutierrez, D.** (2014, October). *Existential counseling as a vehicle to support Latina breast cancer survivors.* Presented at Southern Association for Counseling Education, Birmingham, AL.
- Haas, J., Fox, J., & **Gutierrez, D.** (2014, October). *Infusing prayer and meditation into counselor pedagogy.* Presented at the Southern Association for Counselor Education and Supervision (SACES), Birmingham, AL.
- Haas, J., Fox, J., & **Gutierrez, D.** (2014, October). *Developing and sustaining research groups..* Presented at the Southern Association for Counselor Education and Supervision (SACES), Birmingham, AL.
- Gutierrez, D.,** & Conley, A. (2014, September)., *How can growth curve modeling help counseling researchers?* Program presented the Association for Assessment and Research in Counseling National Assessment and Research Conference, Moline, IL.
- Gutierrez, D.,** & Fox, J. D. (2014, September). *Meditation and counseling: What does the research say?* Program presented the Association for Assessment and Research in Counseling National Assessment and Research Conference, Moline, IL.
- Gutierrez, D.,** Gonzalez, J. & Barden, S. M. (2014, September). *Understanding the Influence of breast cancer on Latina couples: A dyadic qualitative research design.* Program accepted for presentation at the Association for Assessment and Research in Counseling National Assessment and Research Conference, Moline, IL.
- Gutierrez, D.,** Lamb, C., Mullen, P., & Fox, J. (2013, October). *A phenomenological investigation of men choosing counseling as a career.* Program presented at the Association for Counselor Education and Supervision Biennial Conference, Denver, CO.
- Gutierrez, D.,** Hutchinson, T., & Young, M. E. (2013, October). *The impact of experiential activities in the multicultural counseling classroom.* Program presented at the Association for Counselor Education and Supervision Biennial Conference, Denver, CO.
- Young, M. E., **Gutierrez, D.,** & Conley, A. (2013, March). *Meditation and emotional regulation.* Invited program presented at the American Counseling Association (ACA) national conference, Cincinnati, OH.
- Christmas, C., Fox, J., & **Gutierrez, D.** (2012, June). *SPARC groups: A model for integrating group work and spirituality.* Program presented at the Association for Spiritual, Ethical, and Religious Values in Counseling Biennial Conference, Santa Fe, NM.
- Fox, J., Christmas, C., **Gutierrez, D.,** & Petko, J. (2012, June). *Understanding the Christian client's journey through the dark night of the soul.* Paper presented at the Association for Spiritual, Ethical, and Religious Values in Counseling Biennial Conference, Santa Fe, NM.



Hagedorn, W. B., **Gutierrez, D.**, Fox, J., & Christmas, C. (2012, June). *On the road to self-and-other forgiveness: Navigating clients' extreme levels of shame and guilt*. Program presented at the Association for Spiritual Ethical and Religious Values in Counseling Biennial Conference, Santa Fe, NM

**Gutierrez, D.**, Butler, S. K., & Young, M. E (2012, March). *Examining the experience: An investigation of the students' perceptions of their multicultural training*. Invited paper presented at the American Counseling Association National Conference, San Francisco, CA.

**Gutierrez, D.**, Fox, J., & Bell, H. (2012, March). *On the road to self-and-other forgiveness: Navigating clients' extreme levels of shame and guilt*. Program presented at American Counseling Association National Conference, San Francisco, CA.

Mullen, P. & **Gutierrez, D.** (March, 2009). *Career counseling activities for career exploration and development*. Poster presented at the national conference of the American Counseling Association, Charlotte, NC.

#### Local/State/Regional Workshops and Presentations

**Gutierrez, D.**, Kern-Scheerer, S. & Hinchey, K. (2022, March) *Working Across Disciplines: Best Practices for Attorneys and Mental Health Professionals in Asylum Seeker Evaluations*. Roundtable panel, Fourth Circuit Asylum Law Conference. Williamsburg, VA.

**Gutierrez, D.** (2020, March).  *Holding hope: Keeping the hope when helping hurts*. Keynote address for Induction ceremony Chi Sigma Iota, International Counseling Honor Society, Omega Mu, Williamsburg, VA.

**Gutierrez, D.** (2019, November). *Hope informed counseling*. Keynote address for Induction ceremony Chi Sigma Iota, International Counseling Honor Society, Omega Mu, Williamsburg, VA.

Moreno, O. & **Gutierrez, D.** (2019, February). *Motivational Interviewing for Latinx teens At-Risk for Tabaco use*. Invited lecture for Virginia Foundation for Healthy Youth.

**Gutierrez, D.** (2018, March). *Hope informed counseling*. Online keynote address for Induction ceremony Chi Sigma Iota, International Counseling Honor Society, Omega Mu, Williamsburg, VA.

**Gutierrez, D.** (2019, February). *Community Action: Addiction Conversation Series*. Invited lecture for William and Mary Community Engagement Program.

**Gutierrez, D.** (2018, March). *Hope informed counseling*. Keynote address for Induction ceremony Chi Sigma Iota, International Counseling Honor Society, Omega Mu, Williamsburg, VA.

**Gutierrez, D.** (2018, November). *Motivational Interviewing and Counselor Education*. Invited

lecture for William and Mary Counseling Center.

**Gutierrez, D.** (2017, November). *Motivational Interviewing Workshop*. Invited workshop for William and Mary Counseling Center.

**Gutierrez, D.** (2017, April). *Opening remarks and meeting convening*. First Annual Latinx Mental Health Summit, Charlotte, NC.

**Gutierrez, D.,** Yeomans, L., & Butts, C. M. (2017, February). *Introducing acceptance and commitment therapy*. Invited workshop for Chi Sigma Iota, International Counseling Honor Society, Mu Tau Beta Chapter, Charlotte, NC.

**Gutierrez, D.,** & Benitez, C. E., (2016, October). *Latino mental health*. Presented at the University of North Carolina at Charlotte Multicultural Conference, Charlotte, NC.

**Gutierrez, D.** (2016, June) *Opiate Addiction 101: Evidence-based practices in the opiate addiction counseling*. Invited presentation at the Dr. Jonnie H. McLeod Institute on Substance Abuse, Charlotte, NC

**Gutierrez, D.,** & Teague-Pamieri, E. (2015, February). *Mejorando matrimonios: Strategies for working with Hispanic couples*. Presented at the North Carolina Counseling Association State Conference, Greensboro, NC.

Mullen, P., & **Gutierrez, D.** (2015, February). *Contributions of emotional intelligence on student counselors*. Presented at the North Carolina Counseling Association State Conference, Greensboro, NC.

**Gutierrez, D.** (2015, August) *Meditation for emotional wellness*. Invited national webinar, Cenpatico Inc.

**Gutierrez, D.** (2015, June) *Counseling sex addicted couples*. Invited presentation at the Dr. Jonnie H. McLeod Institute on Substance Abuse, Charlotte, NC

Mullen, P., & **Gutierrez, D.** (2015, February). *School counselors' application of motivational interviewing with unmotivated and academically disengaged students*. Presented at the North Carolina Counseling Association State Conference, Greensboro, NC.

**Gutierrez, D.,** & Teague-Pamieri, E. (2014, October). *Mejorando Matrimonios: Strategies for working with Hispanic couples*. Invited presentation at the UNC, Charlotte Multicultural Conference, Charlotte, NC.

Crafter, T., Cresswell, T. N., **Gutierrez, D.,** Wood, A., & Fox, J. (2014, March). *Meditation for emotional wellness*. Invited presentation at the University of Central Florida Counseling Conference, Orlando, FL.

Farrell, T., **Gutierrez, D.,** & Hagedorn, W.B. (2013, September) *Mindfulness for a healthy workplace*. Invited presentation at the Neighborhood Center for Families Conference, Orlando, FL.

**Gutierrez, D.,** & Mullen, P. R., (2013, May). *Resistance in schools*. Invited workshop presented at Florida Literacy Coaches Conference, Orlando, FL.

Sherrell, R. S., **Gutierrez, D.,** Windt, A., & Wood, A. (2012). *Counseling addicted couples*. Florida Counseling Association Conference, Tampa, FL.

**Gutierrez, D.,** Mullen, P., Sherrell, R., Lamb, C., (2012, February). *PowerPoint's, posters, and pointers: A guide to submitting and delivering professional presentations*. Invited program presented at the University of Central Florida Counselor Education Conference, Orlando, FL.

**Gutierrez, D.,** Fox, J., & Wood, A. (2012, October). *Center points: Using meditation in counseling*. Presented at the Florida Counseling Association (FCA) annual conference, Tampa, FL.

Munyon, M., Dressler, S., Christmas, C., **Gutierrez, D.,** Fox, J., (2012, February). *How do client's beliefs influence world view and psychological functioning?* Program presented at the University of Central Florida Counselor Education Conference, Orlando, FL.

**Gutierrez, D.,** & Hagedorn, W. B. (2011, October). *Where are you? Utilizing mindfulness techniques with clients struggling with excessive guilt and shame*. Paper presented at Florida Counseling Association Conference, Orlando, FL.

Fox, J., Christmas, C., **Gutierrez, D.,** & Munyon, M. (2011, October). *Mastering the spiritual competencies: Spiritual paths of growth*. Program presented at the Florida Counseling Association Annual Convention, Orlando FL.

Munyon, M., Dressler, S., **Gutierrez, D.** (2011, February). *Applications of spirituality research into clinical practice*. Program presented at the University of Central Florida Counselor Education Conference, Orlando, FL.

**Gutierrez, D.,** & Hagedorn, W. B. (2010, October). *Revising the spiritual competencies*. Roundtable presented at Florida Counseling Association Conference, Miami, FL.

Hagedorn, W. B., **Gutierrez, D.,** Petko, J., Christmas, C., & Fox, J. (2010, September). *Choosing your path: The pathway into and out from addiction*. Invited seminar presented at the Seminole Behavioral Health Center, Sanford, Florida.

**Gutierrez, D.,** Mullen, P. & Molina, R., (2009, November). *Integration versus segregation: Applications of the spiritual competencies in counselor education programs*. Paper presented at Florida Counseling Association Conference, Miami, FL.

Mullen, P. & **Gutierrez, D.** (November, 2009). *The world through the eyes of an angry adolescent: An exploratory presentation on ego development and its relationship with angry or violent clients*. Program presented at Florida Counseling Association Conference, Miami, FL.

**Gutierrez, D.,** & Hunt, J. (2009, October). *Photography group: An experiential group*

*experience*. Invited program presented at the Center for Drug-Free Living, Orlando, FL.

**Gutierrez, D., & Butler, S. K.** (2009, September). *Advancing the conversation: The state of multicultural education at the University of Central Florida*. Invited video presentation at UCF National Association of Multicultural Education Conference. Orlando, FL.

**Gutierrez, D.** (2008, July). *Spiritual competencies in counselor education*. Paper presented at the University of Central Florida Mentor Fellowship program Orlando, FL.

## **TEACHING/CURRICULUM DEVELOPMENT**

### College of William and Mary

EDUC-636: Addiction and the Family

EDUC-601: Advanced Group Counseling (Doctoral Level)

EDUC-500: Peace Education and Community Wellbeing: Rwanda Study Abroad Course

EDUC-765: Doctoral Internship (Doctoral Level)

EDUC-C32: Theories of Counseling and Psychotherapy

EDUC-C34: Group Theory and Techniques

EDUC-C45: Transpersonal Counseling

EDUC-C44: Addiction Counseling

### Online Course Development & Instruction

EDUC-C44: Addiction Counseling

EDUC-636: Addiction and the Family

EDUC-C32: Theories of Counseling and Psychotherapy

EDUC-C34: Group Therapy and Techniques

EDUC-C29: Substance Abuse and Society

### University of North Carolina at Charlotte

CSLG-6000: Topics in Counseling: Wellness Counseling

CSLG-6109: Research in Counseling

CSLG-8100: Advanced Theories of Counseling (Doctoral Level)

CSLG-7435: Internship in Counseling

CSLG-6111: Advanced Counseling Techniques

CSLG-6153: Diagnosis and Treatment in Counseling

CSLG-6000: Topics in Counseling: Couples Counseling

CSLG-8431: Doctoral Practicum in Counseling, Instructor, and Clinical Supervisor

CSLG-6800: Independent Study in Counseling

CSLG-7170: Introduction to Clinical Mental Health Counseling

#### University of Central Florida

MHS 6501: Techniques in Counseling, Instructor

MHS 6500: Group Procedures and Theories of Counseling, Instructor

MHS 6450: Addictions Counseling, Co-instructor

MHS 6803: Practicum in Counseling, Co-instructor, Clinical Supervisor

#### Reformed Theological Seminary: Orlando

2PSY-542: Evaluation and Assessment

2PSY-546: Research & Program Evaluation

#### **DISSERTATIONS CHAIRED**

Mason, W. M. (2020-2021). *Leaning on one another: An exploration of the relationship among social connection, alcohol use, resilience, and loneliness in LGBTQ+ college students.* William & Mary, Chair.

Dorais, S. (2020-2021). *The dynamics of a resilience in a centering meditation: A longitudinal randomized controlled trial.* William & Mary, Chair.

Shuihui, F. (2019-2020). *The lived experiences of International Chinese Counseling Students.* William & Mary, Chair.

Sperandio, K. A. (2017-2019). *When a man loves a woman: The lived experiences of Male sober partners in romantic relationships with women who struggle with Addiction.,* William and Mary. Co-Chair with Charles Gressard.

Martin, C. V. (2017 - 2018). *The magnificent seven: A narrative analysis of suppressed*

discourses in psychiatric diagnosis. William and Mary  
Co-Chair with Charles Gressard

## **SERVICE/ OUTREACH/ ENGAGEMENT**

### **Governance - Service to the University**

**University Appeals Committee** (2018 - 2021)  
College of William and Mary

**Civic Action Planning Committee** (2018 - 2019)  
Point Person – Goal 4  
College of William and Mary

**Daily Work of Justice Planning Committee** (2018 - 2019)  
College of William and Mary

**Collegiate Recovery Group Planning Committee** (2017 - 2020)  
*Committee Chair*  
College of William and Mary

**Alcohol Campus Culture Committee** (2017 - 2020)  
*Committee Member*  
College of William and Mary

**Panel Member, WMSURE** (2017, 2018, 2019, 2020)  
*Panelist, “How to be a Happy Professor”*  
College of William and Mary

**Faculty Director, New Leaf Clinic** (2017 - )  
College of William and Mary

**Community Action Research Scholars Program**  
*Co-Founder and Instructor* (2017)  
University of North Carolina at Charlotte

**Academy of Research and Community Health Engagement and Service (ARCHES)**  
*Steering Committee Member* (2014 – 2017)  
University of North Carolina at Charlotte

### **Governance - Service to the Department And School**

**Academic Affairs Committee, Chair** (2021 - 2022)  
College of William and Mary

**Academic Affairs Committee, Member** (2019 - 2022)

College of William and Mary

**Program Coordinator, Clinical Mental Health Addictions Emphasis** (2017 - )

College of William and Mary

**Online Admissions CMHC Program** (2019 - 2020)

College of William and Mary

**Faculty Search Committee, Member** (*Military Veterans, Open Rank*; 2019-2020)

College of William and Mary

**Faculty Search Committee, Member** (*Military Veterans, Visiting Professor*; 2019-2020)

College of William and Mary

**Faculty Search Committee, Member** (*CMHC Tenure Track, Open Rank*; 2019-2020)

College of William and Mary

**Faculty Search Committee, Member** (*Special Education, Open Rank*; 2018-2019)

College of William and Mary

**Faculty Search Committee, Member** (*Special Education, Open Rank*; 2018-2019)

College of William and Mary

**Faculty Search Committee, Member** (*Online Clinical Director*; 2019)

College of William and Mary

**Faculty Secretary** (2017 - 2018)

College of William and Mary

**NCMHCE / NCE Testing Coordinator** (2017 - 2019)

Counseling Exam Coordinator

College of William and Mary

**Janet Brown Strafer Pioneer in Education Awards Committee** (2017 - )

Member, Founding committee

College of William and Mary

**Chi Sigma Iota, Mu Tau Beta, Faculty Adviser** (2014 – 2017)

International Counseling Honor Society

University of North Carolina at Charlotte, Department of Counseling

**Engagement Council, Member** (2016-2019)

University of North Carolina at Charlotte, College of Education

**Diversity Award Committee, Member** (2015, 2016)

University of North Carolina at Charlotte, College of Education

**Internationalization Committee, Member** (2014 – 2016)  
University of North Carolina at Charlotte, College of Education

**Community Counseling Clinic Task Force, Member** (2014 – 2015)  
University of North Carolina at Charlotte, Department of Counseling

**Advanced Techniques Task Force, Member** (2014 – 2015)  
University of North Carolina at Charlotte, Department of Counseling

**Faculty Search Committee, Member** (*CMHC/Addictions Position*)  
University of North Carolina at Charlotte, Department of Counseling

**Doctoral Committee, Member** (2014 – 2016)  
University of North Carolina at Charlotte, Department of Counseling

**MA Scholarship Committee, Member** (2014 – 2017)  
University of North Carolina at Charlotte, Department of Counseling

## **SERVICE TO THE PROFESSION**

### **Editorial Board Experience:**

**Consulting Editor**  
2020 - 2022  
*Journal of Family Psychology*

**Associate Editor, Quantitative Research**  
2018-2021  
*Journal of Counseling, and Development*

**Associate Editor, Theory and Practice**  
2018-2021  
*Counseling, and Values*

**Editorial Board Member**  
2017-2020  
*Journal of Addiction and Offender Counseling*

**Editorial Board Member**  
2017-2020  
*Counselor Education, and Supervision*

**Editorial Board Member**  
2014-2018  
*Counseling, and Values*

**Editorial Board Member**  
2015-2018



*Journal of Counseling, & Development*

**Editorial Board Member**

2015-2018

*Counseling Outcome Research, and Evaluation*

**Editorial Board Member**

2015 -2020

*Journal of Family Psychology*

**Ad-hoc Reviewer, *Measurement Evaluation in Counseling and Development***

2017

**Ad-hoc Reviewer, *Plos ONE***

2016

**Ad-hoc Reviewer, *Sage Open***

2014

**National Professional Leadership Positions:**

**President Elect, ASERVIC**

2020-2021

*Association of Spiritual, Ethical, & Religious Values in Counseling,*  
A division of the American Counseling Association

**Chair, Human Rights Committee**

2019-2021

*American Counseling Association*

**Journal Editor Search Committee, Member**

2019-2020

*Association for Counselor Education and Supervision*

**CE & S Fellowship Mentor Program, Mentor**

2018 - 2019

*Counselor Education & Supervision*

**Journal Editor Search Committee, Member**

2018

*Association of Spiritual, Ethical, & Religious Values in Counseling*

**2018 Conference Planning Committee, Co-Chair**

2017 - 2018

*Association of Spiritual, Ethical, & Religious Values in Counseling*

**2017 Conference Program Committee, Chair**

2016-2017

*Association of Spiritual, Ethical, & Religious Values in Counseling*

**2017 Conference Marketing Committee, Co-Chair**

2016 - 2017

*Association of Spiritual, Ethical, & Religious Values in Counseling*

**Governing Documents Committee, Member**

2016 - 2018

*Association of Spiritual, Ethical, & Religious Values in Counseling*

<b>Journal Editor Search Committee, Member</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2015
<b>Conference Planning Committee, Member</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2015-2017
<b>Conference Proposal Selection Committee, Member</b> American Counseling Association Conference	2013, 2015
<b>Executive Board Member</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2015 - 2018
<b>Co- Chair, Graduate Student Committee</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2013 - 2014
<b>Chair, Technology Committee</b> <i>Association of Spiritual, Ethical, &amp; Religious Values in Counseling</i>	2011 – 2016
<b>Audio/Visual coordinator</b> <i>ASERVIC National Conference on Spirituality</i>	2012
<b>Cutting Edge Techniques Committee, Member</b> <i>International Association of Addiction and Offender Counseling</i>	2011-2014
<b>Conference Proposal Selection Committee, Member</b> <i>ASERVIC National Conference on Spirituality</i>	2012
<u>Service to the Community and Practitioners</u>	
<b>Developer, Coordinator, and Chair</b> <i>1<sup>st</sup> Annual Latinx Mental Health Summit, Charlotte NC.</i>	2017
<b>Conference Proposal Selection Committee, Member</b> <i>Fifth Annual University of Central Florida Counseling Conference</i>	2012
<b>Member at Large</b> <b><i>Florida Association for Spiritual, Ethical, Religious Values in Counseling</i></b> <i>A division of the Florida Counseling Association</i>	2011-2014
<b>Webmaster</b> <b><i>Florida Association for Spiritual, Ethical, Religious Values in Counseling</i></b> <i>A division of the Florida Counseling Association</i>	2009-2011
<b>Secretary and Treasurer</b> <b><i>Florida Association for Spiritual, Ethical, Religious Values in Counseling</i></b> <i>A division of the Florida Counseling Association</i>	2009-2011

**PROFESSIONAL MEMBERSHIPS**

Member of the American Counseling Association

Member of Association for Counselor Education and Supervision

Member of Southern Association for Counselor Education and Supervision

Member of Association for Spiritual Ethical and Religious Values in Counseling

Member of International Association of Addiction and Offender Counseling